

Helping

October 2019



Hands

For the South Side of Lansing

Vol. X, No. IV. © 2019 Redeemer Church and Helping Hands Christian Learning Center, Lansing, Michigan

How Much Are You Worth?

A few years ago, Anne Marie Helmenstine was asked, “what was the actual value of a human body?”

Utilizing her chemistry background (PhD), she listed the elements in the body and researched their 2011 market values. She concluded that the average human was worth about \$1.00 and if you could tan the skin (hide), you could raise that total to \$4.50 or \$5.00.

Recently, James Farris cited a new study which places the value of a human at 43 million dollars. WHY? His difference is not inflation, but instead the components Anne Marie never thought to consider. His value was found in our Bone marrow, DNA, antibodies, reproductive components, and various organs which are in great demand today and therefore quite expensive.

However, there are aspects of our humanity that can't be price tagged. How do we establish values for our dreams or our talents? How much is a person worth who discovers a

cure for cancer? What is the love for your spouse or child worth? How about the place in our hearts where we hold our love for others? Yes, those special people in our lives that give us great value and therefore make us truly irreplaceable and priceless.

In this discussion, we have failed to address the most valuable and crucial part of humanity: the eternal soul that God has placed within each of us. Jesus asked his disciples two probing questions in Mark 8:

“For what does it profit a man to gain the whole world, and forfeit his soul? For what will a man give in exchange for his soul?”

Each of us possess an eternal soul which possesses divine qualities. We are each a treasure and of great value to God. While we spend our time here—a gift given by God, what will we do with that TIME—and what will we do with the QUALITIES that God has given us?

Some of us will be given ample time, time we can waste, with still plenty of time to make a difference in the lives of others. Others may find their lives cut short due to illness, accidents or the addictions of our world. The struggle is, we don't know the length of our TIME. Therefore, let us use our TIME wisely and protect the journey of our Soul.

REMEMBER, we are each a treasure of great value to God. So, let us act like it before it is too late!!



Trunk-or-Treat

Thursday, October 31, 6:00-8:00pm.

Join your community for a fun, safe time of trick or treating. There will be “TRUNKS” filled with “treats” for all, so come join in and have a great time.

Watch our “sign,” and visit our website at: www.redeemerlansing.com for more information. The time for the event will be the same as the allotted time for city Trick or Treating.

All are invited!!!



God's Helping Hands

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 517-980-6250 (emergency #)
www.redeemerslansing.com
www.hhclearningcenter.com
 E-Mail: janhite@sbcglobal.net

Sunday Choir Rehearsal, @ 8:30am
 Sunday Adult Study, "Various Studies" @ 9:00am
 Sunday Children's Study/Fellowship Time, @ 9:00am
 Sunday Worship begins at 10:00am
**Holy Communion is Celebrated Every Sunday and Open
 To all of God's Children*
 Sunday Luncheon follows worship
 Wed. Adult Enrichment Hour, 7:00pm

CHURCH STAFF

Jan Hite, Pastor
 Tom Jones, Minister of Music
 Jeanette Eastham, Guitar
 Bruce Gelispie, Percussion
 Allison Sall, Violin
 Ryan Fuller, Bass
 Carla Fitzgerald, School Director
 Tom Jones, Council President
 Gena Hyde, Child Care Board President

Church Council meetings are open to all members.
**Their normal meeting time is the 3rd Sunday of
 each month @ Noon.**

Helping Hands Christian Learning Center Board
 meetings are open to all to all members, parents and
 community members. **Their normal meeting time is
 the 4th Thursday of each month @ 6:00pm**

Helping Hands Newsletter
 is published monthly
 Editors: Carla Fitzgerald and Pr. Jan Hite

*Deadline for the Nov. 2019 edition is:
Oct. 20, 2019

*The editors reserve the right to make changes
 to all items submitted.



Sept/Oct. BIRTHDAYS

Sarah Hopper	Sept. 04
Amari George	Sept. 08
Grace Parker	Sept. 11
Georgia Smith	Sept. 15
Kristen Parker	Sept. 23
Tyler Root	Sept. 25
Theresa Mohr	Sept. 27
Cindy Vogt	Oct. 05
Mary Ann Wilson	Oct. 07
Howard Vogt	Oct. 13
Jeff Sand	Oct. 17
Jim Lamar	Oct. 26

Sept./Oct. ANNIVERSARIES

Howard & Cindy Vogt	Sept. 14
Ron & Anna Shaver	Sept. 22
Bruce & Maria Gelispie	Sept. 28
Jim & Paula Gartung	Oct. 04
Christen & Chris Parker	Oct. 14

We are sorry if we missed your special day. Please let the office know of your date by calling the office, 882-8000, emailing, janhite@sbcglobal.net or dropping your name and Birth date or Anniversary date in the offering plate. **Thank You!**

**God Bless
 Your Day...**





Helping Hands Christian Learning Center

Our Mission: to provide nurturing care to God's children through our helping hands, offering a safe haven for holistic growth.

Nine Elements That Power Positive Parenting

By Rebecca Parlakian, Sarah S. MacLaughlin, and Kathy Kinsner

Parenting comes with mistakes and missteps. What makes a parent great is recognizing when things haven't gone right and responding with love to repair the relationship. That's positive parenting in action.

Take time in everyday moments to show your child love and connection. When you have bits of cereal in your hair or you're listening to the wails of a tiny person who refuses to get in the car, the term **"Positive Parenting"** may make you grit your teeth and roll your eyes. But Positive Parenting isn't about being perfect, always being cheerful, or having the most photogenic Instagram. "Positive parenting" gives words to what parents do every day—challenges included—and keeps the big picture in mind.

Here are nine key elements that power a positive approach to parenting:

1. Imagine your child's point of view, especially during tough moments. We all want to keep our cool! Sometimes it helps to remember that your child's perspective is very different from yours. She really is devastated that she can't wear sandals when it's snowing. Say to yourself, "She is small and still learning," or "She's only 2."

2. Notice and celebrate your child's strengths, abilities, and capacity to learn and develop. Each child is unique, growing and learning at his own pace. Maybe your daughter is a bold explorer who gets into everything, or your son hangs back until he gets to know someone. Make a conscious effort to really see your child. The number one thing every child needs is someone who is crazy about him.

3. Delight in moments of connection with your child. It's easy to get distracted by the day-to-day grind of parenting: dishes, laundry, naps, and transitions from one activity to the next. Remember to pause and make eye contact while buckling him into his car seat. Offer big smiles when he wants to show you something and offer close cuddles while you read a book. This is the magic we can find when we make a little space in the everyday grind for love and connection.

4. Respond with interest and sensitivity to your child's cues. Every child communicates her needs differently. Taking the time to watch and learn your child's cues and communications teaches her that she's important and

cherished. Your baby may let you know he needs a break by turning away. Your toddler may let you know the mall has too much stimulation by having a tantrum in the food court. Responding as sensitively as you possibly can in these moments ensures your little one gets what he needs from you.

5. Provide consistent, age-based guidelines, limits, and boundaries. Parenting is a combination of nurture and structure. All children need guidance on how to behave. Maintaining predictable routines and setting kind, firm limits really helps. Your child is more likely to cooperate with your guidance if you crouch down at their level, make eye contact, and put your hand on her shoulder before telling her it's time for a diaper change.

6. Recognize and regulate your own feelings and behaviors before responding to your child. This sounds like common sense, but it is way harder to pull off than many of us thought. Young children are naturally driven by their strong emotions. We do better as parents (and role models!) when we take deep breaths and calm ourselves first before responding to their behavior.

7. Know that parenting can be stressful and missteps are part of raising a child. We can't be calm, cool, and collected all the time. There will always be moments when we lose our tempers. Apologizing when you're wrong and setting things right is part of building a relationship, and helps children learn how to do this as they grow older.

8. Work toward balancing your needs and your child's needs. Don't forget about you! It's so easy to get wrapped up in the demands of parenting that you can forget to take care of yourself. Plan for breaks throughout the day; even two minutes of deep breathing can help. Pay attention to your needs for socializing, sleep, exercise, and nutrition, too.

9. Seek help, support, or additional information on parenting when you need it. Every parent eventually runs into a challenging child-rearing issue. Children need a lot from their adults and parents are pulled in many different directions. Don't shy away from asking for help from friends, family, or professionals. All parents need—and deserve—support.

Taking the long view generally helps as well. Parenting is a marathon, not a sprint. There will always be mistakes and missteps, **but part of being a great parent is recognizing when things haven't gone right and responding with love to repair the relationship.**

That's positive parenting in action.



Positive Parenting

What's Happening

- Sept. 19th—Farmers Market @ Capitol
- Sept. 26th—Redeemer's Taco Dinner
- Sept. 29th—American Heritage Festival @ Woldumar Nature Center
- Oct. 3rd—HHCL Board Mtg. 6pm
- Oct. 8th—Cider Mill Field Trip
- Oct. 11th—No School LSD
- Oct. 18th—No School Cole & LCA
- Oct. 22nd—Steven's Puppets. The Wizard of Oz.
- Oct. 24th—Picture Day
- Oct 31st—Halloween
 - ◆ Half Day, LSD
 - ◆ HH Halloween Party, 10am
 - ◆ Redeemer Trunk & Treat 6-8pm
- Nov. 3rd—Daylight Savings Time, Fall Back.

Helping Hands Christian Learning Center is a ministry of Redeemer Church and has been servicing the community for 22 years. Here we offer love and quality care to God's children. Come in today to see what we have to offer you and your family.



Sunday Schedule

- Choir Rehearsal: 8:00am
- Adult & Youth Study Time: 9:00am
- Worship: 10:00am
- Lunch and Fellowship: 11:15am
- Adult Enrichment Class: Wed.7:00pm

We are a church of this community and ALL are welcome. Come as you are!



Happy Birthday To You...

September

Siion J. 9/05
 Ramyahan A. 9/14
 Everett E. 9/27

October

Ms. Kristina 10/02
 David H. 10/03
 Ms. Linda 10/04
 Jon W. 10/07
 Addam J. 10/14
 Araceli B. 10/16
 Olivia B. 10/17
 Karter S. 10/18
 Ms. Nicole 10/23
 Henry D. 10/25
 Ronnie D. 10/26
 Ms. Mary 10/29



May Your Day Be Blessed!!!



Helping Hands Christian Learning Center

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Thank you to all Redeemer members and friends for your donations of money, food, items and time. Without YOU this Ice Cream Social could not have happened.

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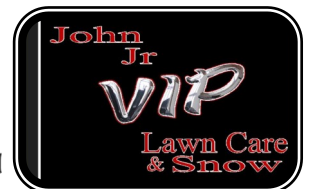
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Please join us for these upcoming Events

Mobile Food Bank...

Date: *Saturday, October 19, 2019*
9:00-11:00am

Located: Friendship Baptist Church
2912 Pleasant Grove Rd.
Lansing, MI 48912



The Human Relations and Community Services Department and the Mid-Michigan Food Bank will be distributing free, fresh, non-perishable food items to:

- The disadvantaged and vulnerable
 - Senior citizens on fixed incomes
- Families/individuals with limited or low income jobs
*All participants must bring a valid state identification card or driver's license

“Trunk-or-Treat”...

Date: *Thursday, October 31, 2019*
6:00-8:00pm.

Join your community for a fun, safe time of trick or treating. There will be “TRUNKS” filled with “treats” for all, so come join in and have a great time. Watch our “sign,” our October newsletter and the local newspaper for more information. The time for the event will be the same as the allotted city's time for Trick or Treating.



“Our Current Mid-Week Adult Study”...

Date: *Wednesday's, @ 7:00pm.* Join us as we dig into our Fall Series, “EYE WITNESSES—The Book of Acts.” Join us for 1,2 or as many weeks as you can. Come see the “makings of the Church” through the eyes of those who helped put it together. **Hope you can find time for this powerful Series.**

“Redeemer's Next Taco Dinner”...

Date: *Thursday, November 14, 2019 @ 6-7:30 pm,*

Includes: Tacos, Beans, Rice, Drinks, Ice Cream. All you can eat. **Suggested Cost: Adults \$8/Seniors \$7/ (age 60 and older) Children \$3 (age 10 and under).** Take Out is Available. **All are invited to attend. Bring your family and friends!**



THE CROP WALK IS SET

Sunday, October 13th @ 1:00 p.m.

It will start at Dwight School and journey out into our community from there. Join fellow neighbors and raise money for those who need help with food throughout the year. You can get pledge sheets from Pastor Jan at Redeemer or a local church.

“LET US REMEMBER”...

One of our Great Saints who was laid to rest on August 23rd @ Redeemer Church-”Charles Gower.”

Chuck will be remembered as a awesome leader, servant and well-rounded Christian who was an awesome example of what it means to be a “follower of Christ.” God called him home on July 13th after a long struggle with various health issues.



He was a true “fisher of men” in every sense of the word and learned a lot of his skills like Jesus' disciples from fishing itself. Also he enjoyed eating his fair share of ice cream, which made him one of our best “ice cream-dippers” at our Ice Cream Socials.

Chuck was loved by ALL—and will be missed by many but has found Eternal Peace with Jesus in Heaven!! **Job well done, my friend!!**

“Annual Ice Cream Social”...

Was held Sat. August 24th and was a great success. The weather was awesome, the turnout was great and everyone had a wonderful time.

As always, everyone hung around till the end and enjoyed the live music, the FREE Ice Cream, the games, the food and the 50/50 Raffle.



After we tallied up the loose ends we have to say this year's event was a wonderful as we raised...\$6330.00.

JOB WELL DONE!!

“GIVING TODAY...” Free Conference Open To ALL!

Date: *Thurs. Oct. 10th, @ 8:00—10:30am.*

Come hear the latest research of Philanthropy. Eagle Eye Golf Course, 15500 Chandler Rd., East Lansing. \$427.71 billion was donated to U.S. charities in 2018*. Where did this money come from? Which organizations received this money and how did they qualify to receive these donations? Find out answers to these questions and more. Who should attend? Board members, directors, etc. Contact orcpe@cshco.com. To register.

GIVE

October 2019 Monthly Calendar

Helping Hands Learning Center

Monday-Friday
Child Care, 7am-6pm
Before & After Care, 7am-6pm

Monday, Sept. 30th
Pastor's Day Off

Wednesday, Oct., 2nd
Mid-Week Adult Study, 7:00pm

Thursday, Oct. 3rd
Pre-School Worship, 10am
HHCLC Board Mtg. 6pm

Sunday, October 6th
Choir, 8am
Education/Life Choices, 9am
Worship, 10am
Fellowship, 11:15am

Mon.-Fri. Oct. 7-11th
Helping Hands Christian Learning Center
Child Care, 7am-6pm
Before & After Care, 7am-6pm

Monday, Oct. 7th
Pastor's Day Off
Collaboration Mtg. w/other Churches 6:30pm

Wednesday, Oct. 9th
Mid-Week Adult Study, 7:00pm

Thursday, Oct. 10th
Pre-School Worship, 10am

Sunday, October 13th
Choir, 8am
Education/Life Choices, 9am
Worship, 10am
Fellowship, 11:15am
CROP WALK, 1:00pm

Mon.-Fri. Oct. 14-18th
Helping Hands Christian Learning Center
Child Care, 7am-6pm
Before & After Care, 7am-6pm

Monday, Oct. 14th
Pastor's Day Off

Tuesday, Oct 15th
Loaves & Fishes, 5:45pm

Wednesday, Oct. 16th
Mid-Week Adult Study, 7:pm

Thursday, Oct 17th
Pre-School Worship, 10am

Sunday, October 20th
Choir, 8:30am
Education/ Life Choices, 9:00am
Worship, 10am
Fellowship, 11:15am

Mon.-Fri. Oct.21-25th
Helping Hands Christian Learning Center
Child Care, 7am-6pm
Before & After Care, 7am-6pm

Monday, Oct. 21st
Pastor's Day Off

Wednesday, Oct. 23rd
Mid-Week Adult Ed., 7:00pm

Thursday, Oct. 24th
Pre-School Worship, 10am
HHCLC Board Mtg., 6:00pm

Sunday, October 27th
REFORMATION SUNDAY
Choir, 8am
Education/Life Choices, 9am
Worship, 10am
Fellowship, 11:15am
Council Mtg. Noon

Mon.-Fri. Oct.28—Nov. 1st
Helping Hands Christian Learning Center
Child Care, 7am-6pm
Before & After Care, 7am-6pm

Monday, Oct. 28th
Pastor's Day Off

Wednesday Oct.30th
Mid-Week Adult Ed., 7:00pm

Thursday, Oct. 31st
Pre-School Worship, 10am
Trunk or Treat, 6-8p.m.*
ALL COMMUNITY INVITED!!!



Sunday, Nov. 3rd
DAYLIGHT SAVING TIME *Turn Clocks Back
Choir, 8am
Education/Life Choices, 9am
Worship, 10am
Fellowship, 11:15am

Mon.-Fri. Nov. 4-8th
Helping Hands Christian Learning Center
Child Care, 7am-6pm
Before & After Care, 7am-6pm

Monday, Nov. 4th
Pastor's Day Off

Tuesday, Nov. 5th
Remember to Vote

Wednesday, Nov. 6th
Mid-Week Adult Study, 7:pm

Thursday, Nov. 7th
Pre-School Worship, 10am
HHCLC Board Mtg. 6pm

THANKSGIVING FOOD BASKETS...

We will be committing to (10) baskets for families in need in and around our community.

The list will be going up soon, so keep your eyes posted. If you would like to donate food items, but you cannot make it into church, please call the church office, 882-8000 to see what we need.

All food items need to be at the church by **Sunday, Nov. 24th @ 10am.**

Thanks to all of you for your support of those in need!!!



SERVERS FOR THE MONTH's of Oct./Nov. 2019

Date	Reader	Deacon	Ushers	Counters	Altar Set Up	Food	Cleaners <small>*Do Sat. Before</small>
Oct. 06	V. Crouch	H. Salvaggio	P. Shumway & OPEN	RA Pugh & H. Salvaggio	C. Vogt	Community Potluck <i>*Bring dish to Share</i>	H. Salvaggio
Oct. 13	OPEN	V. Crouch	G. Hyde & OPEN	OPEN	T. Sand	J. Hite	OPEN
Oct. 20	T. Sand	H. Salvaggio	C. Fitzgerald & OPEN	RA Pugh & H. Salvaggio	S. Walker	C. Fitzgerald	J. Eastham
Oct. 27	P. Shumway	OPEN	OPEN	OPEN	H. Salvaggio	C. & H. Vogt	OPEN
Nov. 03	H. Salvaggio	OPEN	OPEN	RA Pugh & H. Salvaggio	T. Sand	Community Potluck <i>*Bring dish to Share</i>	J. Eastham
Nov. 10	T. Sand	P. Shumway	OPEN	OPEN	C. Vogt	V. Crouch	OPEN

Thank You to ALL for Serving God and sharing your GIFTS, *Please help when/where you can

Redeemer Church, E.L.C.A.
“...your Helping Hands”
Helping Hands Christian Learning Center
2727 West Holmes Road
Lansing, Michigan 48911
www.redeemerlansing.com

NON-PROFIT
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POSTAGE
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Permit No. 149
LANSING, MI

Your Helping Hands

**TIME-VALUED
MAIL**

*Please deliver by:
Fri. Oct. 4th*



OCTOBER

What's Happening at Redeemer...

All You Can Eat **TACO DINNER**

Includes: *Tacos, Beans, Rice,
Guacamole, Chips, Drinks, Ice Cream*

Thursday, November 14, 2019
6:00 —7:30pm

Suggested Cost:
Adults \$8/Seniors \$7 (*age 60 and up*)
Children \$3 (*age 10 and under*)

**All you can eat,
Take Out is Available**



**All are invited to
attend. Bring your
family, friends and
neighbors.**

Welcome
To Our
Church



We invite you to visit us. **Everyone is welcome here!** We are people of God who give ourselves freely and joyfully to God, to one another and to others. This

community witnesses to a God who is active in the world. *We proclaim God's active love for all people: poor and rich; people of all cultures and races; women, men, children, younger, older, single, married, divorced, widowed, those of all lifestyles, blended families, single-parent households, ... all are welcome!* You are invited to meet this community that seeks to reflect God's open and loving embrace.

SUNDAY MORNINGS ***Praise Time!***

- ◆ Youth & Adult Education at 9:00 a.m.
- ◆ Worship begins at 10:00 a.m.
 - *Holy Communion is shared each week*
 - *ALL are welcome *Dress is casual*
- ◆ Family Lunch and Fellowship follows

**ALL ARE ENCOURAGED TO
JOIN US!!**